Belmont Code of Conduct

**CARITAS**

1. **We practice courtesy every day.**
   
   We look for ways to be kind, thoughtful, and to use good manners.
   We seek to include others in our conversation and activities.

2. **We give thanks to God and others.**
   
   Sincere gratitude warms the soul—of both giver and receiver.

3. **We cultivate generosity of heart.**
   
   When others are sad, we comfort them.
   We assume good intent. We seek to forgive.
   We resolve our differences privately. We do not condemn.

4. **We treat each other with dignity and respect.**
   
   We keep our hands to ourselves.
   We control our tempers and practice patience.
   We do not make fun of another’s appearance, beliefs, or shortcomings.

**VERITAS**

5. **We always tell the truth.**
   
   We never cheat or hide misdeeds.

6. **We do our own work.**
   
   We do not claim others’ work as our own.

7. **We are loyal to the absent.**
   
   We do not engage in rumors or gossip.

8. **We always play fair.**
   
   Games give us practice building trust.

**ACTIO**

9. **We follow directions cheerfully and promptly.**
   
   We may appeal respectfully and courteously. We do not argue or negotiate.

10. **If we make a mess, we clean it up.**
    
    When we make a mistake, we admit it.
    We do not make excuses or blame others. We learn to do better by trying again.
    We leave each place better than we found it, for the next person to enjoy.

11. **We elevate our language.**
    
    We never use bad language.
    We are reverent in sacred places.

12. **We strive for excellence.**
    
    When we have work to do, we do it cheerfully, without complaining.
    We give sincere compliments but avoid flattery.
    We finish what we start.